



Category (Main Dishes)

## Chicken Tetrazzini

Submitted by (Darla Ellis)

<p><b><u>Recipe</u></b></p> <p>4-6 chicken breasts          7 oz Whole Wheat Spaghetti Noodles          1/4 cup butter          1/4 cup flour          1/2 to 1 small can green chilies (mild)          1 cup chicken broth          1 cup half and half or milk          garlic salt to taste          pepper to taste          2 cups grated Italian blend or Parmesan cheese</p> <p>Boil spaghetti until tender and drain. Cook chicken breasts. In pan on stove: Melt butter and add flour. Stir until thickened. Then add green chilies, chicken broth, half and half or milk and season with garlic salt and pepper to taste. Cut up or shred cooked chicken breasts and stir into sauce. Layer in baking dish or pan: Noodles then sauce w/chicken and top with cheese. Bake at 350 degrees for 30-40 minutes.</p>	<p><b><u>Grocery List</u></b></p> <p>(Ingredients you need from the store for recipe and any side dish you might add.)</p>
<p><b><u>Side dish</u></b></p> <p>(Optional: Any suggestions of foods that might go well with the main dish.)</p>	<p><b><u>Tips/Helpful hints</u></b></p> <p>(Any ideas that might be helpful to know when making this recipe.)</p>